

Hi Everyone,

**DON'T WAIT! Only a FEW HOURS LEFT to sign up for our 24-HOUR Transformation SALE!**

**Sale ends TONIGHT (7/27)**

**Get our 21-Day Belly Blast Transformation Meal Plan & Workouts (normally \$159) for ONLY \$77 TODAY (wed, 7/27)!!!**

**----> Just CLICK HERE for details and enter in coupon code: "GETFIT" to get your discount! <----**

### **Program Details:**

Forte Fitness is on a mission to help over 1000 people in Central Florida reach their weight loss goals this year- and this program is a big part of that!

We've run this 21-Day Transformation before in our boot camp and have had AMAZING RESULTS! In fact, the **average weight loss has been 8-12 pounds in just 21 days.**

But the weight loss is just a part of it.

This program is **DESIGNED TO DETOX YOUR BODY NATURALLY, CLEANSE YOUR LIVER, & OPTIMIZE YOUR METABOLISM to restore normal function back** to the way it's supposed to be.

If you have problems with cravings, or need a step-by-step program, then this 21-Day Challenge is especially for you!

The best part is that WE ARE GOING TO BE DOING IT AS A GROUP! So you will NOT be alone.

Plus, you'll get daily emails from me to help you to stay on track!

**---> Check OUT our 21-Day Challenge Page to see people who've already done this program! <---**

We will be starting August 1st- and I am ONLY looking for people who are

ready to commit to this program and are ready to FINALLY see AMAZING RESULTS.

There's NO guess work. The program has grocery lists, meal plans, recipes, and built in cheat days to help you stay on track. You also have unlimited access to our boot camp workouts at Lake Island Park!

**The program is normally \$159 for 21 days. BUT, since you are on my newsletter list, I am running a SPECIAL 24-HOUR SALE just for you!**

**THIS SPECIAL IS FOR NEW BOOT CAMP MEMBERS ONLY.**

(If you are already a boot camp member and want to be a part of this program, just email me! :-)

**Our 21-Day Body Transformation System comes with:**

- **21-Day Belly Blast Meal Plan (first 3-days are Detox)**
- **In-Home Workouts (in case you miss a boot camp workout with us!)**
- **Complete Before & After Measurements (and photos!)**
- **TONS of Healthy Recipes**
- **A Print-and-Go BB Grocery List**
- **Fitness & Workout Tips**
- **DAILY Motivation & Accountability**

If you want to join with a friend, NO PROBLEM! Please feel free to invite your friends!

**THIS DISCOUNT WILL ONLY BE AVAILABLE TODAY 7/27 for 24 hours.**

**Our program is Normally \$159, BUT TODAY ONLY, it's just \$77!!!**

**That's OVER HALF OFF!!!**

**The OFFICIAL Starting Date will be August 1st (Monday) and run until August 21st!**

So, here's how to get your discount:

Go to: [fortefitness.com/21-day-belly-blast-challenge/](http://fortefitness.com/21-day-belly-blast-challenge/) and enter in coupon

code: **GETFIT** in the checkout!

If you have any questions, please feel free to email or call me.

Looking forward to the possibility of working with you! :-)

Alicia